

National Aquatic Centre, Snugborough Rd. Abbotstown, Dublin 15 Approx 30 minutes

Ordnance Survey, Dublin City and District Street Guide (1:15,000), Abbotstown is at page 18, section E1/F1 on Snugborough Road. It is close on the map to the James Connolly Memorial Hospital.

From Glenalbyn to M50

Landmarks on left	Directions	Mi	Km	Landmarks on right
Football pitch	Start at Glenalbyn pool	0.0	0.0	Swimming pool
	Drive to T junction. Turn right onto Glenalbyn Rd	0.1	0.1	
	Continue to T junction. Turn right onto Brewery Rd	0.5	0.8	St Brigid's church
Racecourse	Continue to roundabout. Take 3 rd exit marked M50, Stepside	1.2	1.9	
Bewley's Hotel	Continue to roundabout. Follow sign for M50 Dublin Airport.	1.7	2.7	

M50 Section

	Toll bridge Westlink. Fee €1.80	13.6	21.8	
	After toll bridge take next exit signed N3, Cavan, Navan, Blanchardstown	14.6	23.4	

From M50 to the Pool

	At exit roundabout take 1 st exit (left), but stay in middle lane	15.0	24.0	
	At next roundabout, marked Blanchardstown Roundabout, take 2 nd exit (straight ahead)	15.5	24.8	
	Take exit road for Blanchardstown Centre	15.8	25.3	
	Stay in right hand lane. Ignore signs pointing left for NAC and Blanchardstown			
Sign Ballycoolin	At traffic lights turn right	16.0	25.6	
	At roundabout take 1 st exit (straight ahead)			Waterville apts.
	At 2 nd traffic lights, turn right into NAC	16.6	26.6	Green railings